



JOSHUA STRAUB PH.D.

Joshua Straub, Ph.D., serves as Marriage and Family Strategist for LifeWay Christian Resources. He leads the Straub Co., a company equipping leaders, businesses, organizations, military and churches in family wellness. He also developed a leadership program and workshop called [Famous at Home](#), which helps leaders create healthy rhythms at home so they can thrive on their stage. As a speaker, family advocate, and professor of child psychology / crisis response, he has trained thousands of professionals in Critical Incident Stress Management. Josh also speaks regularly for Joint Special Operation Command and at military bases across the country. He loves serving military families.



Josh is also assistant professor for Liberty University's School of Behavioral Sciences. He is author/ coauthor of four books including [Safe House: How Emotional Safety is the Key to Raising Kids Who Live, Love, and Lead Well](#) (2015) and [God Attachment: Why You Believe, Act, and Feel the Way You Do About God](#) (2010).

Josh and his wife, Christi, together host the [In This Together podcast](#) and a weekly [Facebook Live broadcast](#) reaching tens of thousands of families. Together, they also lead [22:6 Parenting](#), a community of parents seeking to raise kids who love Jesus. Josh and Christi also wrote and co-produced [The Screen-Balanced Family: 6 Secrets to a More Connected Family in the 21st century](#).



He and Christi also serve on the Board of Directors for [Exile International](#), a nonprofit organization that restores child soldiers and children orphaned by war to become leaders for peace through art therapy and holistic, rehabilitative care.

Josh is certified as a Trained Trainer for Basic Group, Individual Crisis Intervention (CISM), and Managing School Crises with the International Critical Incident Stress Foundation (ICISF). Josh has used his experience and knowledge in the area of trauma to help people around the world, most notably in Rwanda recover from the 1994 genocide.

A contributor to the *Today Parenting Team*, his articles have also appeared in *The Washington Post*, *The Christian Post*, *Brain Science Magazine*, and *Christian Counseling Today*, among others.

Josh has two most cherished roles—as husband to wife, Christi, and dad to son, Landon and daughter, Kennedy.